

A buffet table with various fruits and food items. In the foreground, there is a white bowl filled with small, round, yellow and red fruits, possibly cherry tomatoes or small apples. To the right, there is a glass filled with toothpicks and a small container of blueberries. In the background, there are more bowls of fruit, including lemons and oranges, and a person's hand is visible holding a white plate.

The Ultimate Guide to
Miracle Fruit Flavor Parties

PREVIEW

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PREVIEW

I. Introduction

For centuries, explorers, scientists, entrepreneurs and food experts have known the secret of the Miracle Fruit, an amazing berry first discovered in West Africa.

When chewed before a meal, the berry's unique properties affected the taste buds, making even sour and bitter foods taste sweet and flavorful. Diners who consume the Miracle Fruit can then eat sour citrus, bland soups, bitter vegetables and fermented ales all while tasting flavors more commonly associated with the dessert tray.

Over the last couple of centuries, people have tried to tap into this rare biological trait to use as a natural sweetener. But progress was slow. It took modern improvements in food chemistry and shipping techniques to realize this goal.



Hosts invite guests to sample the Miracle Fruit and then dine from an array of sour and bitter foods such as lemons, radishes, pickles, hot sauce, sour cream, beer and tequila. The sweet flavors stun and wow the guests, the host is a star and everyone has a dining experience unlike any other.

Using this guide, you can learn about the history of the Miracle Fruit, why it produces such uncommon benefits and, perhaps most importantly, how you can throw a Flavor Party to wow your friends, impress your neighbors and possibly even make a profit.